

GRANTEE:

Lake County Tribal Health Consortium, Inc.

PROGRAM TITLE:

Gouk-Gumu Xolpelema Tribal Home Visiting Program

PROGRAM PERIOD:

Cohort 1 (September 30, 2011 to September 29, 2015)

KEY GRANTEE PROGRAM STAFF

Name	Title	Phone	Email
Merrill Featherstone	Director of Human Services, Project Director	707-263-8382 ext. 1301	mfeatherstone@lcthc.org
Daphne Colacion	Project Coordinator	707-263-8382 ext. 1302	dcolacion@lcthc.org
Kyle Noble	Data Specialist	707-263-8382	knoble@lcthc.org
Cathy Ferron	Evaluator	415-453-5647	caferonassoc@comcast.net

GOAL OF THE PROGRAM

The goal of the Gouk-Gumu Xolpelema Partnership with Parents Tribal Home Visiting Program is to empower Native families to strengthen their emotional, mental, physical, social, and spiritual wellness.

COMMUNITY CONTEXT FOR THE PROGRAM

State:	California
Rural or Urban/Reservation or Non-Reservation:	Rural Non-Reservation Consortium of Federally Recognized Tribes
Description of Service Area:	Lake County is located about 100 miles north of San Francisco and 50 miles east of the Pacific Ocean. The County's 64,665 residents are scattered around the lake and in the mountains in about 12 small towns, 3 rancherias, an Indian colony, and 2 incorporated cities. The geography is rugged and rural. The demographics are diverse; members of at least 111 different tribes live in Lake County, representing 3.2 percent of the county's population.
Births Per Year:	The average number of births per year for the American Indian and Alaska Native (AI/AN) population living in the service area is 27.
Children Ages Birth to 5 Years in Target Community:	In 2013, the population of AI/AN children ages birth to 5 living in Lake County was 162.
Unique Characteristics of Target Community:	Lake County is part of the Pomo ancestral homeland; Pomo people have been in Lake County for 11,800 years. Currently, 7 of the 22 federally-recognized Pomo tribes reside in Lake County. Historically, invasions by Europeans, Russians, and Spanish-Mexican armies resulted in the loss of language, land, people, and traditional ways of life. Today, the Pomo are making efforts to recover Pomo culture and traditions.

COMMUNITY CONTEXT FOR THE PROGRAM (continued)

Key Community Partners:	<ul style="list-style-type: none"> • Tribal Representatives • Tribal Preschools • After-School Programs • County Juvenile Justice Probation • Tribal Social Services • County Public Health and Mental Health • Easter Seals of Northern California 	<ul style="list-style-type: none"> • Mother-Wise • Child Welfare Services (CWS) • Lake Family Resource Center • Maternal Child Adolescent Health Board • Lake First 5 Lake County • Health Leadership Network • Lake County Office of Education (LCOE) Healthy Start
Primary Risk Factors in Target Community:	The primary risk factors within the target population include high rates of substance abuse, tobacco use, and Fetal Alcohol Spectrum Disorder (FASD).	

PROGRAM DELIVERY CONTEXT

Organization Type Administering the Program:	Lake County Tribal Health Consortium is a Federal, Title I, Tribally-Sanctioned Organization.
Implementing Agency:	Lake County Tribal Health Consortium Human Services Department
Target Population:	The target population includes tribal members with children ages birth to 5 living in Lake County, California.
Target and Actual Numbers Served:	Lake County Tribal Health Consortium's the Gouk-Gumu Xolpelema Partnership with Parents Tribal Home Visiting Program aims to serve 40–48 families. The Program currently serves 43 families with 72 children ages birth to 5.

HOME VISITING MODEL SELECTED

The Gouk-Gumu Xolpelema Partnership with Parents Tribal Home Visiting Program has selected the Parent-Child Assistance Program (P-CAP) model. The Nurturing Parenting curriculum will be used to enhance services.

KEY MODEL ADAPTATIONS OR ENHANCEMENTS

The Nurturing Parenting curriculum addresses parents' overall knowledge of their role in their child's healthy growth and development, builds positive parenting capacity, and strengthens family wellness. It provides parents with strategies to deal with stress and anger management. The Nurturing Parenting curriculum educates parents on the impact of daily tobacco use, as well as the long term effects of alcohol and drug abuse on prenatal and continuing child development. Using this curriculum in a home visiting setting will allow for individualized parenting support.



DESCRIPTION OF EARLY CHILDHOOD SYSTEM

The existing early childhood resources include tribal and non-tribal organizations, which offer home visiting and transitions to public school. In addition, Lake County Tribal Health Consortium's (LCTHC) Parent/Child Development Center is a tribal/non-tribal collaboration providing early childhood services such as a preschool, prenatal support groups, and the Nurturing Parenting program. Program staff are active in a number of collaborative efforts in the county to ensure the Gouk-Gumu Xolpelema Partnership with Parents Tribal Home Visiting Program is part of a coordinated early childhood system. These efforts include the Maternal Child Adolescent Health Advisory Board, the 4Ps Plus Advisory Group, the Nurturing Parenting Advisory Committee, the Lake County Office of Education's Healthy Start Collaborative, and the Child Care Planning Council.

EVALUATION APPROACH

Evaluation Question

Do Native American mothers with children ages birth to 5 years, who receive intensive case management services through the Gouk-Gumu Xolpelema Partnership with Parents Tribal Home Visiting Program, achieve higher levels of change in parenting stress and reported use of nurturing parenting practices compared with Native American mothers who are not receiving intensive case management services based on the P-CAP home visiting model?

Evaluation Design

The evaluation will consist of a quasi-experimental comparison group design. The comparison group will include women who are mothers of children ages birth to 5 years. Additionally, the comparison group will consist of Parent-Child Activity Group participants who meet once a week for approximately 2 hours at the site of the Parent Child Development Center operated by LCTHC. These women will receive parenting education based on the content of the Nurturing Parenting program, but will not be receiving P-CAP home visits with its intensive case management.

KEY FEDERAL AND TECHNICAL ASSISTANCE (TA) STAFF:

Name	Title	Phone	Email
Carol Gage	Federal Project Officer	202-690-6243	carol.gage@acf.hhs.gov
Linda Logan	PATH TA Specialist (Programmatic TA)	216-392-1709	LLogan@zerotothree.org
Julie Morales	TEI Liaison (Evaluation TA)	720-839-7275	morales@jbassoc.com

